## Curriculum Aims

### All years

Our PSHE aims and vision looks to ensure that we are enriching our students lives:
- To empower students by providing facts and moral questions to enable them to make better-informed life decisions.
- To help build-up life skills that take into account the ever-changing world.

We are absolutely aware of the need for PSHE topics to be kept live and repeated. Each unit will be revisited each year, building on knowledge through key questions.

- Year 7 will provide facts
- Year 8 will include values and moral judgements
- Years 9 and 10 will provide students with the skills to make their own life-decisions.
- Year 11 is focused around key safeguarding issues as and when they arise, as well as careers input to apply for post-16 applications.

Our curriculum is flexible and will react to need, such as results from The Health Related Behavioural Survey.

It is our belief that PSHE is most effective when relevant and can link to the curriculum as a whole:
- Maths: Finance and Budgeting
- English: Debating, Reading Comprehension, CV Writing
- Science: Reproduction, Puberty, STIs, Vaccinations, Organ Donation, Healthy Lifestyle.
- Food and Nutrition: Understanding Food Labels and the Eatwell Guide
- History: Human Rights, Genocide, Prejudice, LGBT+ through time, Racism
- Geography: Sustainability and Fairtrade
- REP: British Values, Discrimination and Racism
- PE: Leading a healthy and active lifestyle
- Computer Science: E-Safety
- Art: Body Image and Image Manipulation

## Curriculum Delivery

<table>
<thead>
<tr>
<th>Year</th>
<th>PSHE Weekly</th>
<th>Form Tutor</th>
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<tbody>
<tr>
<td>Years 7 – 10</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Year 11</td>
<td>No</td>
<td>Yes</td>
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Year 11—In 2019–20, this will be delivered in one-off, stand-alone sessions. In 2020–21, this will be in-line with the rest of the school.

## Curriculum Content

### Year 7

- **Living in the Wider World**
  - Aspirations
  - Self-esteem
  - Wants and Needs
  - Racism
  - Keeping Safe online

### Year 11

- **Healthy Living and Responsible Choices**
  - Good Health
  - Consequences of an unhealthy lifestyle
  - Energy drinks

- **Personal, Social, Economic and Health Education (PSHE)**
  - Citizenship
  - Body Image
  - Managing Feelings
  - Bullying and Prevention
  - Sex Education
  - Relationships
  - Keeping Safe online
  - Health and Safety

- **Careers Education**
  - Work Experience
  - Work Taster Days
  - Interview Skills

- **Respect and Responsibilities**
  - British Values
  - Equality and Diversity
  - Citizenship
  - Human Rights
  - Faith and Beliefs
  - Relationships
  - Bullying and Prevention

- **Health and Safety**
  - Personal and Sexual Education
  - Health Education
  - Youth Justice
  - First Aid
  - Beating the Drugs
  - Road Safety

- **Citizenship and Civic Rights**
  - Human Rights
  - Equality and Diversity
  - British Values
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- **Sex Education and Health Promotion**
  - Personal and Sexual Education
  - Health Education
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- **Religious Education (RE)**
  - Human Rights
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<td><strong>Prejudice, Values, Extremism and Cults</strong></td>
<td><strong>Achieving with Good Mental Health</strong></td>
<td><strong>Healthy Relationships with Ourselves and Others</strong></td>
<td><strong>Rights and Responsibilities</strong></td>
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<tr>
<td>• British Values</td>
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<td>• Eating Disorders</td>
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<tr>
<td>• Radical Groups</td>
<td>• Human Rights and Access to Education</td>
<td>• Body Image</td>
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<td>• Extremism</td>
<td>• Discrimination and The Equality Act 2010</td>
<td>• Child Sexual Exploitation (CSE)</td>
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<td>• Preventing Radicalisation</td>
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<td>• Religious Discrimination</td>
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<td>• Consent</td>
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<td>• My Future</td>
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<td>• Good Sex and waiting for someone you care about</td>
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<td>• STIs</td>
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<td>• Teen Pregnancy</td>
<td>• Enterprise and Enterprising Qualities</td>
<td>• LGBT Community</td>
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<td>• Homophobia</td>
<td>• Consumer Rights</td>
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<td>• Living Sustainably</td>
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<td>• LGBT+ issues around the world</td>
<td>• Local Labour Market Information</td>
<td>• Cultural Appropriation</td>
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<td>• Family Types</td>
<td><strong>GCSE Pathways</strong></td>
<td>• Peer Pressure</td>
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<td><strong>Curriculum Content Year 11</strong></td>
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