FAQs

Frequently asked questions for Counselling training at Bottisham

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What training do I need before joining the Certificate in Adlerian Counselling?

It is essential that learners have attended and successfully completed an assessed Introduction to Counselling Skills course lasting a minimum of 15 hours. This needs to be a classroom-based course. The courses at Bottisham Village College are delivered in line with BACP training requirements and the BACP Ethical Framework.

How is the training assessed?

Learners are required to complete a range of assignments and meet agreed pre-determined criteria in order to meet course requirements. In the Certificate and Diploma these will include counselling skills, theory and personal development. There are important academic requirements and the training ethos is based on cooperation and encouragement. The course attracts learners from a variety of backgrounds and with a range of experience. Learning as part of a group is an important part of the course.

How long does it take to become a counsellor?

The main training covers a period of just under 4 years. This includes 2 years while the learner is working in a supervised placement (Diploma). It is important for learners to be part of a learning environment while building up their hours for course requirements (which can count towards BACP assessed learning requirements). The model is deliberately spread out in this way. It takes time to absorb the theory – as Adlerian counsellors we wish to understand and model the principles set out by Adler. Personal development is key to the learning; this is something that cannot be rushed.

What do people do after their training?

Many will practice as counsellors in agencies, employee assisted programmes or independent practice. There is increasing interest in parenting and family issues and Adlerian programmes have been introduced to Children’s Centres in the region. Others work in areas of social work or education and find the Adlerian approach complements their work.

Is this course BACP accredited?

The course is not BACP accredited but this makes little practical difference for learners. Learners can build up their practice hours and apply for BACP accreditation. ASIIP is an organisational member of BACP. The main difference is that you will need to apply for the Certificate of BACP Certificate of Proficiency (see www.bacpregister.org.uk). The Counselling Programme at Bottisham Village College (including the supervised practice) will provide adequate training in order to join the BACP Register.

Assessed learning opportunities with Bottisham Village College

As part of the counselling training programme Bottisham Village College offers a rolling programme of workshops. These are valuable resources for practicing counsellors and
psychotherapists looking for opportunities for Continuing Professional Development (CPD). For counsellors who are looking to increase their assessed learning for BACP accreditation, this programme can be used alongside regular tutorials and a tailored programme of assignments to provide assessed training that will be qualify for BACP accreditation. Contact the College if you would like to discuss this option.

Bottisham Village College is situated 6 miles east of Cambridge. There is free parking on the site.