Certificate in Adlerian Counselling

Thursdays, 18:30 - 21:30

Commencing September 2020

The Level 3 Certificate in Adlerian Counselling runs every two years. This well established part-time course of 228 hours provides a firm foundation in counselling theory, skills and personal development, using an integrative approach underpinned by the theory and practice formulated by Alfred Adler, whose thinking has influenced psychodynamic, cognitive and humanistic approaches.

Adlerian counselling takes an holistic view of the person in his or her social setting, exploring the purpose of the behaviour. It emphasises a counselling relationship based on equality, respect and encouragement.

The course presents both the theory and practice of counselling with an emphasis on experiential work and personal development. Students are required to have their own personal counselling during the course (minimum 30 hours over the 2 years)

Timing
This is a two year programme over six terms, September – July, with new student entry every two years. Ten weekly evening meetings (6.30pm-9.30pm) each term, plus 10.5 full day workshops at the weekends over the two years*. There is an expectation of at least 5 hours study a week in addition to the training sessions.

*Saturday (occasionally Sunday) one day workshops: 4-5 per year

Accreditation
This course is accredited by the Adlerian Society of the UK, an organisational member of the BACP.

Entry Requirements
Minimum age: 21 years
Students are required to have received a minimum of 15 hours introductory counselling skills training prior to beginning the course (for example our 10 week Level 2 Introduction to Counselling course). Acceptance on the course is subject to satisfactory interview. An openness and capacity for learning and a readiness for ongoing personal development may prove more important than past academic achievement.

Year One
- Core Counselling Skills
- Fundamentals of Adlerian Psychology
- Lifestyle Assessment
- Lifestyle Assessment – Case Study
- Grief and Loss
- Personal Development 1

Year Two
- Advanced Counselling Skills
- Introduction to Other Models of Counselling
- Introduction to Family and Couples Counselling
- Lifestyle Assessment – Case Study 2
- Working with Difference
- Special Interest Topic
- Personal Development 2

Visiting specialist trainers present workshops and some evening sessions.
Tutors

Bruce Tate  Registered Member MBACP (Accred), BA Hons co-ordinates the Adlerian Counselling programme at Bottisham Village College.

Bruce currently works as an independent therapist alongside training commitments. He has attended Adlerian training in Europe, the USA and Canada, and has completed training with Pink Therapy. He is a member of the Board and teaches at the International Adlerian Summer School (www.icassi.net). He has led training in Ireland, Slovakia, the USA, Singapore and Greece. Plans for 2018/2019 include teaching in Ireland, Germany, China and Romania.

Application

Application forms are available from the Adult Learning Office. This should be submitted with two full written references and evidence of 15 hours minimum prior counselling skills training by 1st June 2020. Formal interviews for those shortlisted take place at the end of June/beginning of July. Interviews for the Certificate programme are conducted by the tutor and an external interviewer.

Areas explored include:
- relevant practical, professional and personal experience
- how you plan to make use of the course
- your strengths and areas for development
- what implications the course may have on you and your personal life and responsibilities

*Fees: £1350 per year (£1015 concessionary). Fees include all tuition, weekend workshops and tutorials. Personal counselling needs to be budgeted for separately. The concessionary fee is available if you are in receipt of certain means tested benefits.

Payment Schedule

If you are offered a place on the course, a non-refundable deposit of £100 is payable on acceptance of your offer. The remainder of the fee is payable as follows:
£250 to be at the start of the course in September 2020 followed by instalments of £125 pcm over 8 months, October 2020 to May 2021.

A small charge of £10 will be payable at the end of the two year course for your Certificate from ASIIP.

* Based on fees for 2018-2020 course. Fees may be reviewed for 2020-2022 course.